

Submission Guidelines

- The decision to pre-screening will be a minimum of two days
- Decision on successful pre-screened submissions could take up to 3 weeks ranging from rejection, revise, and accepted.
- The decision will be made by at least one peer reviewer specifically trained in evaluating this type of work
- All videos accepted by April 7, 2026 will be posted without any charges
- Minimum requirements: 720p (1280x720), 24 frames per second, widescreen (referred to as aspect ratio is 16:9), MPEG-4 video
- Videos must have smooth transitions from an edit sequence to the other with well synchronized sound or accompanying sub-titles
- Jerky, shaky, and chaotic videos have little likelihood of clearing the pre-screening
- Submissions with high-quality narration (audio or video) have higher likelihood of clearing the pre-screening
- A package that clearly establishes all elements of the study tabulated in submission guidelines is more likely to clear the pre-screening
- Creators are encouraged to use audio narrations, infographics, and/or titles (where applicable) to improve the understanding of their work
- Creators & contributors are encouraged to undertake prior sequencing of recording **at the time of** designing their research. Adding a professional resource could be helpful under certain situations.
- Creators will retain copyrights & responsibility for their posted work. They're not restricted from traditional publishing of their work
- Creators are responsible for video recording of consent procedures of study participants & maintain relevant documentation in this regard
- Creators are responsible for complying with the relevant terms and conditions (and obligations) of their project signed elsewhere, such as any part or the findings being already presented or published
- The segment using Artificial Intelligence must be labelled, with acknowledgement of the source
- A justification to exercise viewer discretion (if any) must accompany the submission in writing. However, any submission could be returned without any liability if found outweighing the educational focus of VEO. The editorial decision in this regard will be final and binding
- Evidence of deception or withholding of relevant information reported reliably at any stage will result in the removal. A self-explanatory evidence must be furnished by third parties at the time of levelling accusations on creators. VEO assumes no liability in such cases.
- Each submission will accompany the declaration (duly filled and signed) available **here**
- We encourage a pre-submission inquiry via email to avoid inefficiencies and convenience of potential creators. Send the email to admin@ideas.org.es

Elements	Observational & qualitative studies	Experimental studies & RCTs
<p>Title</p> <p>Abstract/Summary</p>	<ul style="list-style-type: none"> - Complete study title in suitable fonts - Maximum duration of abstract: 45 second - Introduction of lead researcher (preferably with team) - Site(s) & location(s) - Study question(s) - The choice & rationale of design, analytical method - Participants - Conclusion 	<ul style="list-style-type: none"> - Maximum duration of abstract: 75 second - Introduction of Principal Investigator (preferably with team) - Site(s) & location(s) - Study question(s) - How grouping was done (randomized or not) - Ethics approval & data monitoring mechanism - Description of endpoints - Analytical strategy to measure endpoints - Conclusion
<p>Introduction/Buildup</p>	<ul style="list-style-type: none"> - Explains the state of current knowledge on the topic With names of authors and/or studies being cited - What motivated researcher(s) to be interested in the chosen topic 	<ul style="list-style-type: none"> - Explain why it is necessary to study the topic with references to previous observational & experimental studies (if relevant) on the same topic - What critical question would be answered as justification of this presumably rigorous methodology - A statement on whether the study protocol has been published
<p>Methodology/Measures</p> <p>The <i>choice of tools</i> and techniques to measure or estimate the variables relevant to the given research question</p> <p>Involvement of <i>human subjects</i> in research</p>	<ul style="list-style-type: none"> - A narration on analytical strategy & explanation of how the findings/measurements will be handled to answer the given research question - A comment on ethic's approval and participants' consent of the given study - How & where was the recruitment done? - Statement on whether data collection was paper-based or digital or both. - What was measured? Introduction to the type of tools used in the study & statement on whether they were pre-tested. In case of already approved tools, whether consent of original creator was attempted. - Were any sample size calculations performed? - Dissemination strategy for results (if any) - The source of funding - Justify the choice of qualitative methodology (alone or in combination) to answer the given question(s) 	<ul style="list-style-type: none"> - Information on the merits of ethics' approval & the committee that approved the study - How informed consent & audiovisual recording of participants were ensured - Were there any concerns about possible copyrights/intellectual property/patents emerging from the findings of this study? If yes, how they were handled. - Justification on applying mechanism(s) for participants' safety (if any) such as data monitors - Explanation of risk & harm reduction measures taken (if applicable) & if they were tested prior or not - Data capture/retention strategies within the relevant regulations that govern them. - Where was recruitment done? - How long did the recruitment take?

		<ul style="list-style-type: none"> - Describe recruitment strategies as justifying minimization of bias and being equitable (for RCTs) - How was the sample size determined? - A clear layout of study endpoints and whether they were measured by trained investigators. If study was done in a previously inexperienced setting, description of the training strategies applied - Explain study measures with justification of their choice - Describe considerations (if any) & training being done for an unforeseen event - How will the findings of the study be disseminated? - Disclosure of the funding source & how any relevant conflict(s) of interest(s) were attempted to be minimized by the investigators.
Results	<ul style="list-style-type: none"> - Describe total recruitment number & the duration it took - Present study participants by their demographic characteristics & other relevant details - Key findings inferred from observing different groups or other comparisons outlined in methods section. 	<ul style="list-style-type: none"> - Present the recruitment numbers and whether the recruitment target was met within the given time - Present any safety-related events or unforeseen situations during this study - Present characteristics of participants - Describe study groups by differences in endpoints/outcomes in terms of study measures, & their reliability
Conclusion	<ul style="list-style-type: none"> - A statement that answers the research question(s) based on the inference from results - A word of caution or confidence to utilize findings of this study in the real-world setting - Whether we know more about the topic now as compared to what was known before this study or the findings are either inconclusive or have further complicated picture - How could the findings of this study be disseminated? - In retrospect, could a different methodology or study type be better to answer the given question? - End of the video must be indicated 	<ul style="list-style-type: none"> - What is the answer to the research question emerging from the given findings? Who's the beneficiary? - How credible were the findings? Could they influence existing policies & protocols, if at all. If not, explain why not? - What it might take to make the given study and its findings more robust (ideal situations)? - A statement on dissemination strategy of findings if investigators made any commitments as part of the study protocol - Has there been anything found uniquely different or divergent from what was already known previously? - Describe if findings have raised a scientific dilemma or previously a little known phenomenon.

		- Indicate ending
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